

JSS College for Women (Autonomous)

Department of Computer Science

Awareness Program Report

Topic: "PCOS Problem and Treatment"

Date: 07/01/2022

Resource Person: Dr. Nilima,

House Surgeon

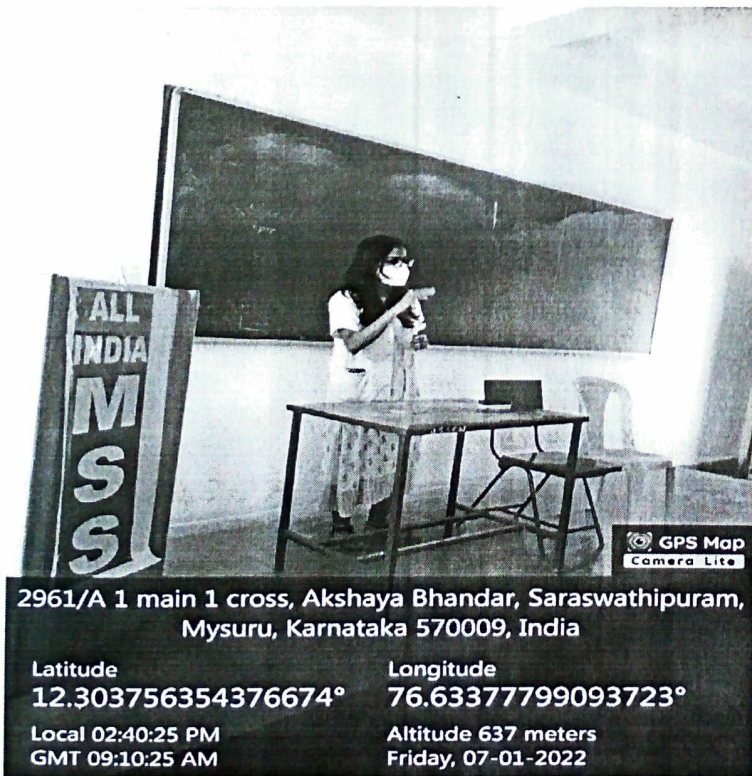
K R Hospital, Mysuru

Beneficiary: B.Sc and BCA students and faculty Members

About Awareness Program:

Polycystic ovary syndrome (PCOS) is a condition in which the ovaries produce an abnormal amount of androgens, male hormones that are usually present in women in small amounts. The name polycystic ovary syndrome describes the numerous small cysts (fluid-filled sacs) that form in the ovaries. However, some women with this disorder do not have cysts, while some women without the disorder do develop cysts. Women with PCOS may be at higher risk for type 2 diabetes, high blood pressure, heart problems, and endometrial cancer.

Treatment for PCOS is often done with medication. This can't cure PCOS, but it helps reduce symptoms and prevent some health problems. Treatment for PCOS depends on a number of factors. These may include your age, how severe your symptoms are, and your overall health. The Best Treatment is to Have **A change in diet and activity**. A healthy diet and more physical activity can help you lose weight and reduce your symptoms. They can also help your body use insulin more efficiently.




PRINCIPAL
JSS College for Women
(Autonomous)
Saraswathipuram, Mysore-9

JSS College for women (Autonomous), Saraswathipuram Mysuru

Department of Computer Science

List of Students Participated in the Program

Topic: "PCOS Problem and Treatment"

Date: 07/01/2022

Sl.No	Reg.No	Student Name	Signature
1.	U01BD2150040	Ankitha.D	Ankitha.D
2.	U01BD2150025	Kavya B.S	Kavya B.S
3.	U01BD2150337	Bhavanak.N	Bhavanak.N
4.	U01BD2150042	Deeba.MB	Deeba.MB
5.	U01BD2130187	Divya Rosy	Divya Rosy
6.	U01BD2150239	Divyashree S.	Divyashree S.
7.	U01BD2150330	Gocadal Shambhram shankar	Shambhram
8.	U01BD2150073	Harshini.HI	Harshini
9.	U01BD2150328	Harshitha L.	Harshitha L.
10.	U01BD2150344	Jahmani K.M	Jahmani K.M
11.	U01BD2150329	Kavon O.S	K.
12.	U01BD2150091	Kavya.P	Kavya.P
13.	U01BD2150346	Meghana.AN	Meghana
14.	U01BD2150300	Monisha.D	Monisha
15.	U01BD2150196	Ganavi.MS	Ganavi
16.	U01BD2180036	Nandini D.N	Nandini D.N
17.	U01BD2150165	Parvathi devi.AN	Parvathi.A.N
18.	U01BD2150065	Nethravathi.R	Nethra Raj
19.	U01BD2150090	Nikhitha	Nikhitha
20.	U01BD2150035	Nisarga.M	Nisarga.M
21.	U01BD2150242	Nisarga.N	Nisarga.N
22.	U01BD2150022	Nithya.B.V	Nithya

23.	U01BD2150163	Nithyashree CS	Nithyashree CS
24.	U01BD2150342	Pallavi. A. N	Pallavi
25.	U01BD2150244	Nidhis'wari. K	Nidhis'wari
26.	U01BD2150086	Poorvika C.G.	Poorvika
27	U01BD2150096	Poorvika. M. V	Poorvika
28	U01BD2150195	Poorvitha. S	Poorvitha
29	U01BD2150030	Pragna Suresh	Pragnasuresh
30	U01BD2150198	Pritya. G. B	Pritya. G. B
31	U01BD2150007	Pritya HM	Pritya HM
32	U01BD2150 ³²⁴ 34	Pushpa B. N	Pushpa B. N.
33	U01BD2150055	Neeraja. G. S	Neeraja. G. S.
34	JCA20634	Rakshittha. K. M	Rakshittha. K. M.
35	JCA20624	Meghana H. B	Meghana
36	JCA20658	Supritha. S	Supritha
37	JCA20650	Sneha. D	Sneha D.
38	JCA20617	Bhoomika. M. L	Bhoomika. M. L
39	JCA20633	Radhika. N	Radhika. N
40	JCA20621	Lakshmidweatha	Lakshmidweatha.
41	JCA20623	Mandana. A. S	Mandana
42	JCA20628	Preethi. N	Preethi. N
43	JCA20631	Prityanka. C	Prityanka. C
44	JCA20618	chithra. K. G	chithra. K. G
45	JCA20635	Rakshitha. L. M	Rakshitha
46	JCA20622	Manaswini. M. M	Manaswini
47	JCA20636	Ranjini. K	Ranjini. K
48	JCA20626	Nandini. C. S	Nandini. C. S
49	JCA20616	Apoorva. M.	Apoorva. M.
50	JCA20627	Pooja. E. S	Pooja. E. S.

51	JCA20630	Priya K.J	Priya K.J
52	JCA20615	Anusha.S	Anusha.S...
53	JCA20632	Rachana.H.K	Rachana.H.K
54	JCA20665	Vidya.M	Ving
55	JCA20663	Varshini.R	Va.R.
56	JCA20620	Impana M.Shetty	Impana
57	JCA20667	Yashashwini.V	Yashu
58	JCA20659	Sushma.R	Sushma.R
59	JCA20664	Varshini.S	Varshini.S
60	JCA20662	Thamrayi.T.	Thamrayi.T.
61	JCA20668	Yashashwini Ramesh	Yashu
62	JCA20660	Swarnashree M.S	Swarnashree M.S
63	JCA20642	Sanjana.B.	Sanjana.B.
64	JCA20645	Shilpa.H.H.	Shilpa.H.H.
65	JCA20639	Ratnamamma	Ratnamamma
66	JCA20638	Rashmi.P.B	Rashmi.P.B
67	JCA20643	Shariffa	Shariffa
68	JCA20647	Shreelaksh.K	Shreelaksh.K
69	JCA20648	Sinchana Hegde	Shreelaksh.K
70	JCA20649	Sneha.A.P	Sneha.A.P
71	JCA20651	Sobiya Niphath	Sobiya Niphath
72	JCA20655	Srojanaya.G.M	Srojanaya.G.M
73	JCA20641	Sangeetha.M	Sangeetha.M
74	JCA20657	Seelithra V.V	Seelithra V.V

75	JCA20653	Sonu	Sonu
76	JCA20656	Seelithra M	Seelithra M
78	JCA20654	Sonu Devi	Sonu Devi
79	JCA20652	Sonika H.M	Sonika H.M


PRINCIPAL
 JSS College for Women
 (Autonomous)
 Saraswathipuram, Mysore-2